

SERVICES AND PROGRAMS

The Family Support Center provides a variety of services through the assistance of our team members, whether it is at your home, child's school, at our offices or another convenient location for you.

- Information and referral services, support meetings and educational trainings for parents, caregivers and professionals.
- Recreation and social programs for children and adults, as well as weekend programs specifically for children to provide parents a little respite.
- An Essentials Room provides free food staples and household essentials to individuals and families
- Service Navigation for DDS – Eligible Families in such areas as:
 - o Individual Family Supports and Agency with Choice to provide 1:1 support in-home or in the community.
 - o Autism Spectrum Disorder services for Adults and their families.
 - o Intensive Flexible Family Supports for families experiencing significant challenges and/or families with more than one individual with a disability.
 - o The DESE/DDS Program provides In-Home services/wrap-around supports to school-age participants

Supporting Families and Individuals with Varying Abilities in Southeastern MA



Community Based Day Supports



Day Habilitation



Family Support Center



Employment Services



Redemption Center



Lawn Care

PROUDLY SERVING THE FOLLOWING COMMUNITIES:

**Abington • Avon • Bridgewater
Brockton • East Bridgewater • Easton
Holbrook • Rockland • Stoughton
West Bridgewater • Whitman**

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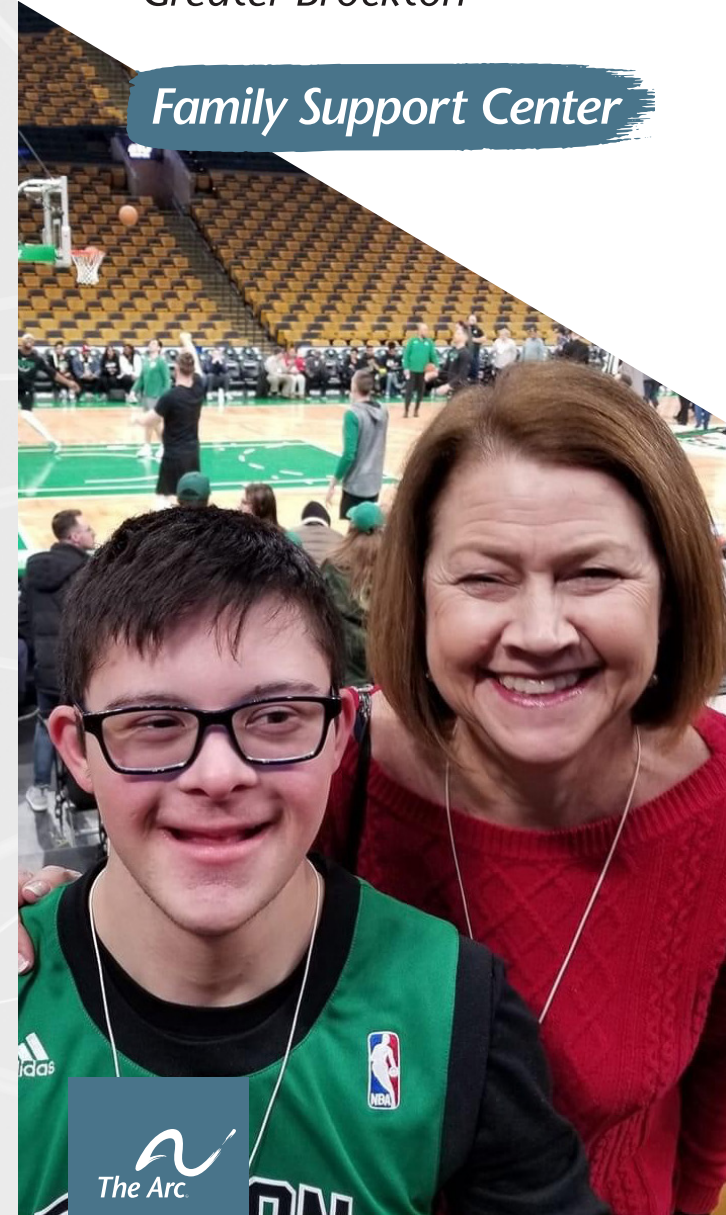
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The Arc
Greater Brockton

Family Support Center



The Arc
Greater Brockton



CENTER OVERVIEW

The Arc of Greater Brockton Family Support Center works in collaboration with the Massachusetts Department of Developmental Services (DDS) and the Department of Elementary and Secondary Education (DESE) to provide planning assistance, information, education, and referral services to assist parents in managing the challenges of raising a child with intellectual and developmental disabilities, and autism spectrum disorder. These services extend to the people who love and support them: parents, sisters and brothers, grandparents, educators, and others.

Members of the Family Support Center Team include Coordinators that are fluent in Portuguese, Cape Verdean Creole, French, Spanish and Haitian Creole. We can also arrange for translation and interpretation in other languages upon request.

The Family Support Center sponsors a variety of support groups and educational workshops providing family members opportunities to connect with other families, share resources, and build supportive networks.

SPECIALTY "ZONES" TO SUPPORT AND MOTIVATE INTERESTS

The Arc of Greater Brockton has established unique Specialty Zones throughout the facility to support and nurture a variety of interests and ability levels.

Fit Zone

Our health, wellness and nutrition program is administered by trained staff who guide participants in the utilization of fitness equipment consisting of recumbent bicycles, TRX systems, hand weights, step systems, punching bags, exercise bars and more.

Chill Zone

Two sensory rooms are designed to provide a space for participants that need a quiet place to gather their thoughts and emotions. The rooms include a variety of sensory elements and images to help participants reach a place of comfort during the day.

Music Zone

Participants are provided the opportunity to express their creative energy as they learn how to create and play music utilizing a variety of available instruments.

Art Zone

An ever-changing art gallery space features local artists in collaboration with Brockton Arts, providing inspiration to participants as they express themselves in one of the many art classes held throughout the year.



RECREATION ACTIVITIES

Through the Family Support Center children, teens and adults with disabilities, and their families are able to participate in a variety of social and recreation activities held throughout the year.

Cooking classes for children and adults, dance lessons, Zumba, Friday Night Socials for adults, after-school programs, movies, bowling, community activities for the whole family, Vacation Camps for kids, and play groups for young children are just some of the activities offered.

Our Weekend Recreation Programs for ages 8 to 21 meet throughout the year and includes Drums Alive Ability Beats, dance, swimming, games and other activities for children and teens. The programs are designed to enhance abilities and provide opportunities for friendship in a recreational setting.

Depending on the specific program or activity there may be a small fee associated with your participation.